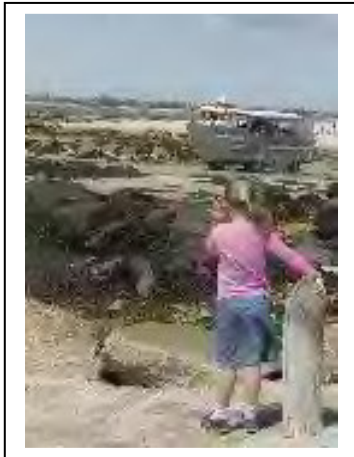


## *Ile Tatihou*

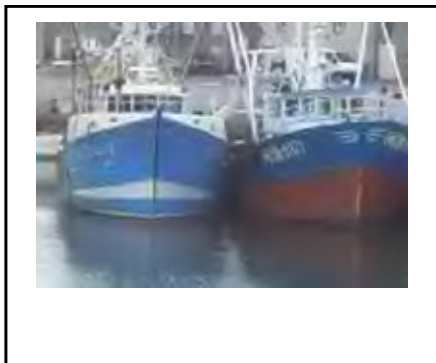


Ile Tatihou has a long maritime history going back 300 years and at one time was used to quarantine sick sailors. Just off the shore of Saint-Vaast-La-Houge the island also houses and Maritime museum and gardens, Vauban fort and a protected nature reserve.

The island can be accessed by a boat with wheels, that drives across the sand when the tide is in. At other times it is possible to take the walk across the sand. Access to the island is limited to around 500 people so it is best to book in advance.



## *St-Vaast-La-Houge*



St-Vaast-La-Houge is your access to Ile Tatihou. It is also a great place for lunch or coffee along the harbour side cafes and coffee shops. I also has a beautiful sandy beach for having a quick afternoon snooze or a refreshing paddle. St-Vaast-La-Houge also has probably the shop with the most character in the whole of France, Madame Grosslin. Object d'art from yesteryear and a place to find that perfect unusual gift for someone.